

# IGF-IR3

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**Ocean**  
PLASTIC SURGERY

## DESCRIPTION

IGF-IR3 is part of our peptide wellness program at Ocean Plastic Surgery. Your clinician will personalize dosing and monitoring for your goals.

## BENEFITS

Supports recovery, body composition, and wellness goals as part of your personalized plan.

### IGF-IR3






Per prescription

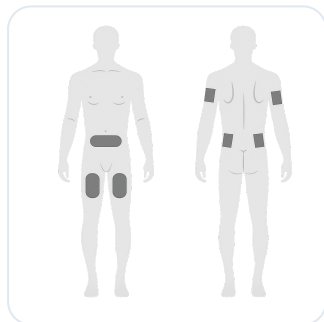
**99% PURITY**

## SIDE EFFECTS

It is important that you follow the dose and administration instructions as listed. Mild redness or tenderness at the injection site may occur. If any symptoms become severe, contact us and let the medical team know.


### IMPORTANT

-  **1-3 months on, 1 month off**  
Cycle
-  **PM before bed or as directed**  
Timing
-  **5 days on, 2 days off**  
Frequency
-  **Inject as directed on your plan, SQ**  
Dose / route
-  **Refrigerate**  
Storage



## INJECTION SITE

Use an alcohol swab on the top of the vial and at the site of injection before use. Work in a clockwise fashion around the belly button to ensure the prior injection sites have healed, avoiding tender areas. Other subcutaneous area shown to the left.

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